

# International Conference on Integrative Medicine & Holistic Healing

20-22, SEPTEMBER, 2019 | Doors Open at 8:30 AM

International Day of Peace

*Promoting Wellness, Peace & Love*

**WHERE ANCIENT WISDOM MEETS MODERN TECHNOLOGY**

**Venue**

**NATIONAL INSTITUTE OF PHARMACEUTICAL EDUCATION & RESEARCH (NIPER)  
Sector 67, MOHALI**



INTEGRATIVE MEDICINE & HOLISTIC HEALING  
FORUM & FESTIVAL

## Registration

Early Bird - INR 3000 | ON-THE-SPOT - INR 4000 | Students - INR 2000 (On showing ID Card)

For online transfer/ Cheque in favour of Holistic Healing Trust  
Andhra Bank Mohali, Current Account No.: 105411100001200, IFSC Code: ANDB0001054

**12 Credit Hours from Punjab Medical Council**

## REGISTRATION

Contact : Dr. Sachin Gupta +91 89688-39911 Nimrit Nain Gill +91 98786-11109  
Michelle D. Button +52 5582730085 Dr. Shaveta Gupta +91 8968839922

Early Bird - INR 3000  
ON-THE-SPOT - INR 4000  
Students - INR 2000 (On showing ID Card)



**FOR STALLS**  
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Dear Friends,

We are delighted to invite you for our three-day International Conference - Integrative Medicine and Holistic Healing, which brings together some of the brightest minds in their fields, world-renowned speakers, leaders and experts to discuss present-day health care.



Our quest is to expand and deepen our understanding and experience of our relation with nature and self through the lens of science, medicine, holistic healing and spirituality.

We intend to collect proposals and experiences, which may benefit society and be implemented in the health care system, incorporating holistic medicine to promote all aspects of wellness – physical, mental, emotional and spiritual without harmful side effects.

It is the first of its kind endeavour, where we have realised that recognizing a patient's spiritual essence may be a crucial part of the 'patient-centered' medicine that is increasingly being seen as vital in high-quality patient care. So far, Modern Science has not given holistic and energy healing its due place. Allopathic medicine focuses mainly on physical well-being while Emotional, Social and Spiritual aspects of health are not given due recognition as essential components for complete and long-lasting health.

Our presenters will be talking on the future amalgamation of the body, mind and spirit with science. Our healers, who are path-breakers in their field, will be part of the discussions and presenting their papers and explaining how therapies are making new inroads in well being. You will also be experiencing some of these therapies during this conference.

We have a wide array of therapists from across the globe who are presenting their views and research on diverse subjects like - the biofield viewer which captures the auric field and helps in determining the problems in the energy field of an individual. Hypnotherapy has deep impact in releasing past traumas and transforming thoughts and emotions; ozone therapy is being used as an adjunctive therapy for a wide range of chronic illnesses. Acupuncture has immense healing potential in a variety of diseases and chronic problems. There is a growing need for healers and practitioners to come together to integrate the healing modalities and treat patients as a whole and not in parts.

Music is also one of the important components of this conference, recognizing it as the language of the soul. We have got some of the best sound therapists who will take you through an experience of ancient traditions, oriental and occidental mixed with distinct fusions and contemporary styles to transmit healing vibrations.

For these three days we would want you all to listen, experience and imbibe the variety that is being offered by every presenter. From enriching discourses to workshops, dance therapy, yoga and music, enjoy it all.

See you on September 20th to 22nd at the National Institute of Pharmaceutical Education and Research (NIPER) Sector 67, Mohali

In Divine Friendship,

ORGANISING CHAIRPERSON



**Dr. Sachin Gupta,**  
Associate Director Medical Oncology  
Max Hospital Mohali  
Holistic Healing Promoter

ORGANISING SECRETARY



**Nimrit Nain Gill**  
Creative Head  
Quantum Clinic & Life Coach

ORGANISING SECRETARY



**Dr. Shaveta Gupta**  
Obstetrician & Gynecologist  
Soulful Pregnancy Practitioner

ORGANISING SECRETARY



**Michelle Button**  
Sound Therapist & Peace Activist  
Founder XICOME

PATRON



**Ochune**  
Energy Healer & Spiritual Guide



INTEGRATIVE MEDICINE & HOLISTIC HEALING  
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# International Conference on Integrative Medicine & Holistic Healing

**20-22, SEPTEMBER, 2019**

**Venue : NATIONAL INSTITUTE OF PHARMACEUTICAL EDUCATION & RESEARCH (NIPER)  
Sector 67, MOHALI**

## Agenda

### Day 1 September 20 Friday

08:30 - 09:00: Registration

09:00 - 09:45: Welcome of delegates and Speakers, Invocation prayer and Bhajans, Inauguration and Introduction - Team Quantum Clinic & Holistic Healing Trust, Max Super Speciality Hospital-Mohali, Xicome Mexico, Faculty and Guests.



09:45 - 10:00: Sh. Vivek Atray, Ex IAS, motivational speaker and author: The Power of Belief: How to create life through belief system



10:00 - 10:30: Dr. W. Selvamurthy - President, Amity Science, Technology and Innovation Foundation, Director General for Amity Directorate of Science and Innovation and Chair Professor for Life Sciences; Chancellor, Amity University, Chhattisgarh. Keynote Address: Integration of Science, Medicine & Spirituality- Belief V/s Fact



10:30 - 11:30: Sadhvi Bhagwati Saraswati ji - Parmarth Niketan Rishikesh. Spirituality & Health - How to heal yourself with Spirituality - Vital link between Health, Happiness and Self Realization.

11:30 - 11:50: Rejuvenation Time with Chai & Snacks



11:50 - 12:00: Honey Grewal, Soul Grounding: Meditation on mindfulness



12:00 - 12:30: Dr Naval Kumar Verma - Hon. Advisor to MOS AYUSH, Ministry of AYUSH, Govt. of India; Chairman- Rejoice Health Foundation - Role of AYUSH in India's Healthcare



12:30 - 13:00: Dr Sangeeta Nehra - Director of AYUSH, Department of AYUSH Haryana. Role and power of pyramids in healing ourselves

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[www.quantumclinicsolutions.com](http://www.quantumclinicsolutions.com)



13:00 - 14:00: Eat and Greet over Lunch



14:00 - 15:00: Thornton Streeter- Director of Biofield Sciences UK and India: The Science of Healing: Multiscan and Biofield Viewer, Medical Thermal Imaging: a journey into the leading edge of healthcare integration.



15:00 - 15:30: Blossom Furtado - Director Hypnotherapy School of India: Transformative Hypnotherapy, Spiritual Regression Between Lives Therapy: Therapeutic techniques and practices to access the subconscious mind to reframe old programs for healing.



15:30 - 17:00: Dhyhan Ratan PV Rama Raju: Demonstration and practical experience on 'Astral surgery and healing', Light channeling method & Integration of 'self' into 'higher self'.

17:00 - 17:20: Rejuvenation Time with Chai & Snacks



17:20 - 17:45: Dr Shaveta Gupta: Senior Consultant Obstetrics & Gynaecology, Max Superspeciality Hospital Mohali: Soulful Pregnancy- How to prepare your body, mind and spirit for arrival of the new born.



17:45 - 18:25: Miktlan Ehecateotl Kwauhtlinxan, Shaman Elder - Mexico, Practitioner and Master Teacher of the Ancient and Sacred Tetzkatlipoka Healing System (Mexican Doctor of Traditional Medicine) - Through the Darkness, We bring the Light- Introduction to Ancient Healing Methods.



18:25 - 19:20: Michelle D. Button, Sound healing specialist from Mexico/America and Sanj Hall a traveling yogi- Sacred Sound concert: The Integration of sound and music for growth, regeneration, healing and deepening consciousness.

19:30 - Mingle and Dine

## Day 2 September 21 Saturday

08:30 - 09:00: Registration and welcome



09:00 - 09:20: Opening puja ceremony followed by session by Charanjeet Kaur from The Earthy Adobe, Mirror Meditation for going deep within and inner healing and change.



09:20 - 09:45: Dr Vijay Girdhar - HOD Psychiatry Dept, GMSH, Sector 16 Chandigarh: Demonstration of Emotional Freedom Technique - Unlock your Inner Healing Power, Highly effective process with impressive benefits.



09:45 -10:15: Pt. Manish Uprety, F.R.A.S. (Fellow Royal Asiatic Society) Co-founder of the Ayush Darpan Foundation: How Ayurveda can help provide effective healthcare and wellness especially in the context of developing countries.



10:15 - 10:35: Rachna Gupta, Chairperson & Meditation Trainer, Swami Vivekanand Pyramid Trust Ludhiana: Guided Anapanasati Meditation - from breath to healing



10:35 - 11:10: Dr Sachin Gupta, Associate Director Medical Oncology, Max Superspecialty Hospital Mohali, Promoter of Organic Lifestyle, Yoga & Mind/Soul Healing: Personalized cancer medicine. Changing landscape of cancer treatment with targeted therapies and immunotherapy.

11.10 - 11:30: Rejuvenation Time with Chai & Snacks



11:30 - 12:00: Dr Manish Singhal, Senior Consultant Medical Oncologist, Apollo Hospital, Delhi- Future of Cancer Medicine: Treating cancer in 2040 - Can we treat cancer without chemotherapy?



12:00 - 12:20: Yogic breathing by 'Hugo' from Yogamoreshala



12:20 - 13:00: Sh. Anil Sinha - Quantum Coach, Personal Transformation Consultant: Consciousness Engineering- Alignment of consciousness and how it helps healing.

13:00 - 14:00: Eat and Greet over Lunch



14:00 - 14:40: Energy Healer and Spiritual Guide - Ochune from The Quantum Clinic: Activation of the Universe Within You - for Health, Abundance, Love & Bliss.

14:40 - 15:00: Crystal healing by Ochune



15:00 - 15:45: Dr Alok Chopra - Senior Consultant Cardiologist and Director Aashlok Hospital, Delhi; Founder Daivam Wellness: Principles and Clinical Applications of Functional Medicine. Complete reversal of the Metabolic defect of Diabetes Mellitus.



15:45 - 16:20: Sanj Hall- Topic : A Travelling Gong Yogi, Sound Artist and Gong Teacher, The sound journey, Reflecting on your inner Life's purpose through body, mind & spirit

16:20 - 16:40: Rejuvenation Time with Chai & Snacks



16:45 - 17:20: Sh. Umenderji- Kheti Virasat Mission, NGO promoting Organic farming: Organic Lifestyle and its impact on health



17:20 - 17:45: Ritu Kochar, Manju Khetarpal, Dr Neeru & Team: Pranic Healers: Pranic Healing Session: Twin Hearts Meditation



16:45 - 17:45: Parallel session by Yoga Specialist Hugo from Yogamoreshala: Yoga: Wellness & awareness through Yoga



17.45 - 18:25: Sh. Arjun Kamboj, Astral Traveler and Healer- Role of Spirit guides and angels in healing our lives.



18:25 - 19:20: Miktilan Ehekateotl Kwauhtlinxan, Shaman Elder - Mexico and Michelle D. Button, Sound Therapist - Equinox Ceremony for a culture of peace to create and manifest harmony and rejuvenation.

19:30: Mingle and Dine

### Day 3 September 22 Sunday

08:30 - 09:00: Registrations and Welcome

09.00 - 09.20: Opening Puja and welcome remarks for day 3



09:20 - 09:35: Renee Singh, Motivational Speaker, Writer, Poet, Life coach and Therapist: Stress management, emotional health and wellness.



09:35 - 10:10: Dr. Prakriti Poddar- Past Life Regression Therapist, Mental Health expert, hypnotherapist, Poddar Foundation Mumbai- Healing past traumas to heal ourselves - the art of diving deep into subconscious to heal our present. How to improve health, wealth and relationships by healing the past.



10:10 - 10:40: Prof Bharat Chourgade, Ayurvedacharya, Nagpur: Day to day practical tips for health. Using herbs from your kitchen for healing and wellness.



10.40 - 11:20: Dr NK Sharma - Spiritual mentor and Director Reiki Healing Foundation: Food for Soul: Naturopathy, Lifestyle and Nutrition.

11:20 - 11:40: Rejuvenation Time with Chai & Snacks



11:40 - 12:15: Dr Mili Shah from Ozone Trust of India - Overview of Ozone therapy: Role of this therapy in chronic diseases



12:15 - 12:45: Dr Raman Kapoor: Acupuncture Specialist: The Magic of Acupuncture: Role of acupuncture in chronic illnesses



12:45 - 13:10: Dr Mankul Goel, Dermatologist and Integrative Medicine Specialist- Skin is a window to inner health- A talk on role of dermatology in Integrative and Preventive Medicine

13:10 - 14:00: Eat and Greet over Lunch



14:00 - 14:40: Martin Achirica, Founder of SPES Clinic (The Soul Clinic, Mexico City) - Integrating medicine to the mind, emotions and spiritual dimensions.



14:35 - 14:50: Nimrit Nain, Creative Head The Quantum Clinic-Mohali, Life coach, Healer: Introduction to The Quantum Clinic, Concept of Integrative Medicine, Practical Examples



14:50 - 15:30: Dr Ana Maria Oliva, from Spain, Biomedicine Engineering: Specializes in the Sabio method of health: The holistic model of health based on measuring electro magnetic field- mind, body and spirit



15:30 - 16:10: Tahi Ricart, acupuncturist and psychotherapist, SPES Clinic, Mexico City: The fine art of human functioning and development

16:10 - 17:00: Panel discussions: Integrating main stream medicine with Holistic Healing, Dr Sachin Gupta, Anil Sinha, Dr N K Sharma, Prakriti Poddar, Mili Shah, Thornton Streeter, Martin Achirica , Hugo, Surbhi Bansal, Dr. Sangeeta Nehra, Ochune, Dr Shaveta Gupta Dr Rachna Khanna, Dr Ana Maria - **Moderator Nimrit Gill**

17:00 - 17:20 Closing: Manifest the Declaration (after the three days of what speakers had to say)

17:20 - Valedictory Function with High Tea

**Note:**

Healers and Speakers would be available for parallel sessions, interaction and healing during the conference